

Fight Fat & Be Fit

HAVE FUN • LEARN NUTRITION

Join us at
Nutrition
Month
Malaysia
Family
Carnival!

Free
Admission!



Save the date!

March 29 – 30, 2014
Mid Valley Exhibition Centre,
Kuala Lumpur

- Health Screening & Nutrition Counselling
- Health Talk
- Fun Activities & Goodies
- Food Sampling
- Great Prizes To Be Won
- Colouring Activities

Note: Activities are subject to change based on organisers' discretion



Eat Right, Move More: Fight Obesity

Jointly organised by:



Nutrition Society of Malaysia



Malaysian Dietitians' Association



Malaysian Association for the Study of Obesity

Co-sponsors:



With support from:



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Visit www.nutritionmonthmalaysia.org.my, drop by the 'Nutrition Month Malaysia' Facebook page or call 03-5632 3301 for more details.